

# Tanka<sup>®</sup>

Wellness Made Simple

## T-MOOD

CLINICAL  
TEST



### TANKA T-MOOD

never-before seen approach innovative transdermal medical device as a disruptive supplement delivery system tanka's solution is a unique delivery device in the shape of a bracelet that serves as a reservoir to release and deliver, trans-dermally, active ingredients to **relief anxiety and down mood, low energy, and initial signs of depression.**

**Relief was observed after 8 Days\***

### T-MOOD SUPPORTS POSITIVE MOOD

- 01 St John's wort is a herbal medicinal supplement derived from the flowers of the plant by the same name (or **Hypericum perforatum**). **It is commonly used as a treatment for mild depression, anxiety and sleep problems.**
- 02 Valerian essential oil can be used for **relief of mild symptoms of mental stress and to aid sleep.**
- 03 **Chamomile oil** may help with a variety of conditions, including **anxiety and promoting sleep.**

- ▶ **T-MOOD**, transdermal medical device contains scientifically formulated blend: Hypericum extract, Valerian oil and Chamomile oil.
- ▶ **T-MOOD** includes a specially designed combination of efficient active ingredients **with synergistic effect** - each playing a unique and critical role.

### CLINICAL TESTS

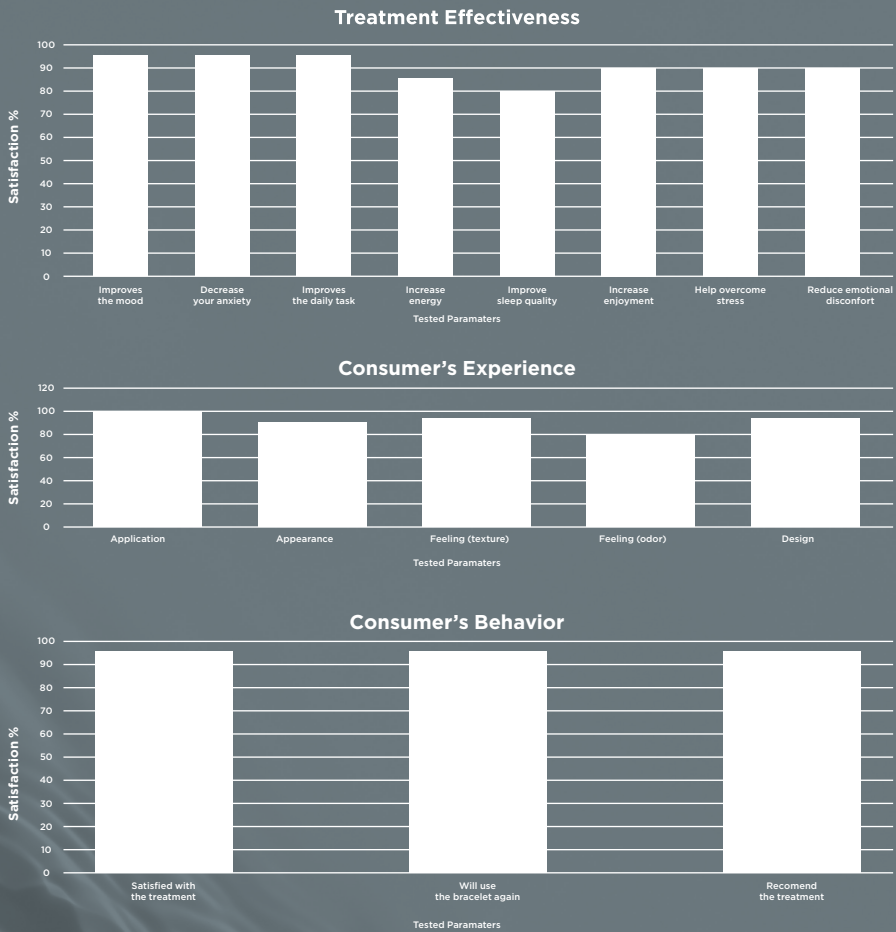
- ▶ 22 volunteers, aged from 26 to 67 years (mean 47.7 ± 11.8) were initially recruited for a human use test with Bracelet T-Mood after topical treatment for 8 weeks (wearing 1 bracelet per month in one of the wrists). The volunteers were required to be between 30 and 65 years, with **frequent anxiety and down mood, low energy, and initial signs of depression**, without using any medical treatment 15 days before and/or during the study, and a willingness to comply with instructions.
- ▶ After 28 and 56 days of treatment, subjects attended clinical facilities and participant's subjective perception of the product efficacy was assessed with an individual questionnaire. The ordinal scale used was (1 = Poor | 2 = Fair | 3 = Good | 4 = Very good | 5 = Excellent). Satisfaction was considered for scores 3 - 5, and a remarkable percentage of acceptance was considered when average result is ≥ 80 %.

### RESULTS

Data indicated an overall acceptance of 82.7 and 91.3, after 28 and 56 days of treatment, respectively. Specifically, significant positive evaluations (overall acceptance ≥ 80 %) were obtained for 11 out of 16 items after 4 weeks of treatment and 16 out of 16 items after 8 weeks. Regarding cutaneous compatibility and acceptability, none of the 22 volunteers initially recruited showed any acceptability problem neither manifested any adverse symptom or Serious Undesirable Effects (SUE) throughout the period of treatment or the following 7 days.

**CONCLUSION:**

The topical application with **“Bracelet T-Mood”** for 8 weeks in 20 volunteers shows good cutaneous compatibility and may claim **“Dermatologically Tested”, “Clinically Tested”, and “Tolerance Tested”**. With regard to the volunteers’ perception, data indicated an overall **acceptance of 82.7 and 91.3, after 28 and 56 days of treatment, respectively.**



**Figure:** Self-assessment questionnaire results after 28 days. Volunteer’s perception obtained for the different parameters regarding sensory experience, treatment effectiveness, and consumer behaviour, after 28 days of topical treatment with Bracelet T-Mood in 20 volunteers. The ordinal scale used was (1 = Poor | 2 = Fair | 3 = Good | 4 = Very good | 5 = Excellent). Satisfaction was considered for scores 3, 4, and 5.

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